



MICRO JOBS TRAINING



Micro Jobs Training is a work training programme that equips individuals with the relevant work skills to gain access to long term work engagement.

- 1 **Relevant work skills training** to take on micro jobs, such as office cleaning, resource making, and picking & packing.
- 2 **Customised in-house and on-site training provided by RC job coaches** and flexible arrangements that match the preferences, interests and strengths of the clients.
- 3 **Stackable skills** to provide agility to find suitable micro jobs.

Training Details and Fees

- **Duration:** 9-12 months
- **Frequency:** Twice a week, 3-4 hours per session
- **Venue:** Rainbow Centre and/or Employer's workplace
- **Cost fee applies**
 - Subsidy available for Singaporeans and Permanent Residents

Eligibility

- Graduated from SPED, aged 18 years or above
- Has a caregiver who is able to support their journey towards long-term work engagement
- Able to work continuously for at least 45 minutes to 1 hour
- Able to cope and self-regulate when feeling stressed or anxious